

Department of Veterans Affairs Employee Education System

And

VA Midwest Health Care Network 23

Present

VISN 23 MENTAL HEALTH CONFERENCE

April 14, 2005 and April 15, 2005

April 14, 2005 Women Veterans and Mental Health 05.V23.MHRC1.B

April 15, 2005 Recently Deployed Veterans and Mental Health 05.V23.MHRC1.C

Place: Downtown Hilton & Towers, Minneapolis
 1001 Marquette Avenue, Minneapolis, MN 55403
 612-376-1000

This offering consists of two separate days. **Registration is required for each day individually.** Accreditation will be given separately for each day (the participant must sign in and attend 100% of each day(s) they register for).

Purpose: **Purpose: Day 1 April 14, 2005**

This program is designed to provide mental health clinicians and practitioners with information on a wide variety of mental health conditions and issues to improve the overall care and treatment of women veterans.

Purpose: Day 2 April 15, 2005

This program is intended for mental health providers of recently deployed men and women veterans. Three topics will be addressed: 1) recent onset of trauma-related symptoms; 2) recently returned veterans with traumatic brain injury, often complicated by other injuries and by post trauma symptoms; and 3) special psycho-social and spiritual issues regarding deployment and re-integration following deployment

***Outcome
Objectives:***

Objectives: Day 1 April 14, 2005

Upon completion of this conference day, participants will be able to:

1. Discuss special aspects regarding onset, pathology, course, co-morbidity, interventions and treatment considerations for treating behavioral health disorders (substance abuse, eating disorders, and mood disorders) in women veterans;
2. Identify high-risk behaviors that can potentially have an impact on producing negative health outcomes in women veterans; and
3. Describe basic theory, principles and strategies for using innovative psychological interventions (Cognitive Processing Therapy, Acceptance and Commitment Therapy, and Dialectical Behavior Therapy) with women veterans.

**Outcome
Objectives
(continued):**

Objectives: Day 2 April 15, 2005

Upon completion of this conference day, participants will be able to:

1. Discuss recognition and care of acute post traumatic symptoms and disorders in recently deployed veterans including those with blindness, amputation, traumatic brain injury and other injuries;
2. Describe common psychiatric symptoms and disorders associated with open and closed traumatic brain injury, their acute and ongoing care, course over the lifespan and prognosis;
3. Identify common challenges and issues for military men and women readjusting to family and civilian life following deployment;
4. Discuss common spiritual issues facing men and women veterans during deployment; and
5. Discuss the medical and mental health problems faced by women returning from deployment and their effect on quality of life.

**Target
Audience:**

Target Audience for Day 1 and Day 2:

Mental health clinicians and practitioners

Doctors, nurses, physician extenders, psychologists, social workers, counselors and chaplains

**Continuing
Education
Credit:**

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education system designates this educational activity for a maximum of 7.5 hours for April 14 and 5.5 hours for April 15 in category 1 credit towards the American Medical Association Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 9 hours for April 14 and 6.6 hours for April 15 in continuing nursing education.

Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) (1-800-225-6880) through the Approved Continuing Education (ACE) program. VA Employee Education System maintains responsibility for the program. Social workers will receive 7.5 hours for April 14 and 5.5 hours for April 15 continuing education clock hours in participating in this course.

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is offering this activity for (7.5 hours for April 14; 5.5 hours for April 15) of continuing education credit. The Employee Education system maintains responsibility for the program.

A certificate of attendance will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate from EES, participants must sign in at the beginning of this activity, complete an evaluation, attend 100% of the program, and pick up their own certificate at the conclusion of the program (certificates will not be mailed). EES cannot issue certificates for less than 100% participation as required by accrediting body regulations.

**Report of
Training:**

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

April 14, 2005 (Day One) Women Veterans and Mental Health
Program Schedule April 14, 2005

7:30 a.m.	Registration/Continental Breakfast	
8:00 a.m.	Welcome	<i>Robert Petzel, M.D. VISN 23 Network Director</i>
8:15 a.m.	Overview and focus of the day	<i>Melissa Polusny, Ph.D., LP</i>
8:30 a.m.	Women Veterans and Mood Disorders: Epidemiology, Comorbidity and Treatment	<i>Paula J. Clayton, M.D.</i>
9:30 a.m.	Break	
9:45 a.m.	Eating Disorders Among Women Veterans	<i>Nancy Raymond, M.D.</i>
10:45 a.m.	Break	
11:00 a.m.	Addictive Disorders in Women	<i>Sheila Specker, M.D.</i>
12:00 Noon	Lunch	
12:30 p.m.	Women, Combat and Spirituality	<i>Linda D. Leibhart, B.S., Sec Ed, M.Div., MAJ, USA</i>
1:30 p.m.	<u>Concurrent Sessions:</u>	
	A. Gynecological Health Outcomes and Associated Risk Behaviors	<i>Anne Sadler, Ph.D., RN</i>
	B. Gender and PTSD	<i>Rachel Kimerling, Ph.D.</i>
2:30 p.m.	Break	
2:45 p.m.	<u>Concurrent Clinical Workshops</u>	
	A. Using Cognitive Processing Therapy to Treat Veterans with PTSD and Related Disorders	<i>Kathleen Chard, Ph.D.</i>
	B. Acceptance and Commitment Therapy: An Experiential Approach to Behavior Change	<i>Robyn Walser, Ph.D.</i>
	C. Treating Women with Dialectical Behavior Therapy (DBT): The Use of Dialectics and Mindfulness	<i>Ann Wagner, Ph.D., LP</i>
4:50 p.m.	Complete and turn in evaluations	
5:00 p.m.	Adjourn	

April 15, 2005 (Day Two) Recently Deployed Veterans and Mental Health
Program Schedule April 15, 2005

7:30 a.m.	Registration/Continental Breakfast	
8:00 a.m.	Welcome	<i>Robert Petzel, M.D.</i>
8:15 a.m.	Overview and focus of the day	<i>Frederick Petty, Ph.D., M.D.</i>
8:30 a.m.	Incidence and Neuropsychiatric Sequelae of Traumatic Brain Injury: Implications for the Military	<i>Deborah Warden, M.D.</i>
9:30 a.m.	Break	
9:45 a.m.	Combat Psychiatry: From the Battle Front to the Home Front	<i>COL Elspeth Cameron Ritchie, M.D., MPH, MC, USA</i>
10:45 a.m.	Break	
11:00 a.m.	Psychological Issues Related to Deployment for Soldiers and Family Members	<i>Glen Wurglitz, M.Div., Psy.D., CPT, USA</i>
12:00 Noon	Lunch	
12:30 p.m.	Review of NEJM article, "Combat Duty in Iraq and Afghanistan, Mental Health Problems, and Barriers to Care" by C. W. Hoge et al.	<i>Frederick Petty, Ph.D., M.D.</i>
1:15 p.m.	<u>Concurrent Sessions</u>	
	A. Military Sexual Trauma: Overview of Issues and Interventions	<i>Alina Suris, Ph.D.</i>
	B. Pastoral Issues of Deployment	<i>Joseph Gibilisco, M. Div., MS, Ph.D., LTC, USA, Ret</i>
	C. Mental Health and Quality of Life in Deployed Women	<i>Caroline Carney Doebbeling, M.D., MSc</i>
	D. Rehabilitation of the Combat Injured: Process, Challenges and Outcomes	<i>Barbara J. Sigford, M.D., Ph.D.</i>
2: 50 p.m.	Complete and turn in evaluations	
3:00 p.m.	Adjourn	

Faculty and Planning Committee

- * Bridget D. Cannon, MS
Education Service Representative, VISN 23
Minneapolis Employee Education Resource
Center
Minneapolis, MN
- + Kathleen Chard, Ph.D.
Director, PTSD Division
VA Medical Center
Cincinnati, Ohio
- + Paula J. Clayton, M.D.
Professor of Psychiatry
University of New Mexico School of Medicine
Albuquerque, NM
- * Brian L. Cook, D.O.
Staff Psychiatrist, Chief - OSATP
Mental Health Service Line
VA Medical Center
Iowa City, IA
- + Caroline Carney Doebebling, M.D., MSc
Associate Professor of Psychiatry and Internal
Medicine, Research Scientist
Indiana University and Regenstrief Institute
Indianapolis, IN
- * Nancy Donovan, LICSW
(ASWB Accreditation Planner)
EES Social Work Accreditation Specialist
Minneapolis Employee Education
Resource Center
Minneapolis, MN
- + Joseph Gibilisco, M.Div., MS, Ph.D., LTC, US
Army, Ret
Chief, Chaplain Services
VA Medical Center
Des Moines, IA
- + Rachel Kimerling, Ph.D.
Clinical Research Psychologist
National Center for PTSD
VA Medical Center
Palo Alto, CA
- * Jack Klugh, D.Min., BCC
Board Certified with the Association of Professional
Chaplains; Doctor of Ministry (DMin) Pastoral
Planner for Chaplain accreditation
Counseling/Psychotherapy
Chief, Chaplain Service & VISN 23 Chaplain
Liaison
VA Medical Center, Fargo, ND
- + Linda D. Leibhart, B.S., Sec Ed; M.Div., MAJ, USA
Lead Chaplain
VA Medical Center
Bath, NY
- * Ed Marshall, RN
EES Ad-hoc Nurse Planner for ANCC Accreditation
VISN 23 Education Director
VA Medical Center
Omaha, NE
- * Kay E. Martin
Administrative Assistant
Mental Health Service Line
VA Medical Center
Minneapolis, MN
- * Mary A. Olson, RN, MSN, CS
Chief Nurse, Mental Health Service Line
VA Medical Center
Minneapolis, MN
- * Frederick Petty, Ph.D., M.D.
+ Staff Psychiatrist, Professor
Creighton University & VA Medical Center
Omaha, NE

* Denotes planning committee + Denotes faculty

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| <p>* Robert Phares, Ph.D.
Planner for APA accreditation
ACOS Mental Health Service Line
Black Hills Health Care System
Hot Springs, SD</p> <p>* Melissa Polusny, Ph.D., LP
+ Staff Psychologist
VA Medical Center
Minneapolis, MN</p> <p>+ Nancy Raymond, M.D.
Associate Professor, Dept of Psychiatry
Director, Women's Health Center, A Nationally
Designated Center of Excellence University of
Minnesota, Minneapolis, MN</p> <p>+ Elspeth Cameron Ritchie, M.D., MPH,
COL, MC, USA
Psychiatry Consultant to the Army Surgeon
General
Uniformed Services University of the Health
Sciences
Bethesda, MD</p> <p>* Ruth Ann Ronne
Project Support Assistant, VISN 23
Minneapolis Employee Education Resource Center
Lincoln VAMC Campus, Lincoln, NE</p> <p>* Phil Ross
VISN 23 Administrative Officer
VA Medical Center
Iowa City, IA</p> <p>+ Anne Sadler, Ph.D., RN
Marital/Family Therapist
VA Medical Center
Iowa City, IA</p> <p>+ Barbara J. Sigford, M.D., Ph.D.
National Program Director, Physical Medicine and
Rehabilitation
VA Medical Center
Minneapolis, MN</p> <p>* Pat Sohler, Ph.D.
Lead Psychologist
VA Medical Center
St. Cloud, MN</p> | <p>+ Sheila Specker, M.D.
Asst. Professor, Dept. of Psychiatry,
University of Minnesota
University of Minnesota Medical School
Minneapolis, MN</p> <p>+ Alina Suris, Ph.D.
Director, Military Sexual Trauma Team
Department of Veterans Affairs
North Texas HCS, Dallas TX</p> <p>* Paul Thuras, Ph.D.
Statistician and Research Methodologist
Psychiatry Service
VA Medical Center
Minneapolis, MN</p> <p>* Linda VanEgeren, Ph.D.
Psychologist
VA Medical Center Women's Clinic
Minneapolis, MN</p> <p>+ Ann Wagner, Ph.D., LP
Staff Clinical Psychologist
VA Medical Center
Minneapolis, MN</p> <p>+ Robyn Walser, Ph.D.
National Center for PTSD
VA Medical Center
Palo Alto, CA</p> <p>+ Deborah Warden, M.D.
National Director
Defense and Veterans Brain Injury Center
Washington, DC</p> <p>* Joseph Westermeyer, M.D., Ph.D.
Planner for ACCME Accreditation
Director Mental Health Service Line
VA Medical Center
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Director of Behavioral Health Services
St. Catherine Hospital
East Chicago, IN</p> |
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- * Denotes planning committee + Denotes faculty

Project Manager: Bridget D. Cannon, MS
Education Service Representative VISN 23
Minneapolis Employee Education Resource Center
Minneapolis, MN

Project Support Assistant: Ruth Ann Ronne
PSA, VISN 23,
Minneapolis Employee Education Resource Center
Lincoln Campus
Minneapolis, MN

Application Procedure: Please fill out a registration form and e-mail or fax to Ruth Ann Ronne. Fax 402-486-7866.
Ruth.Ronne@lrn.va.gov phone 402-486-7829

A block of rooms has been reserved at the government per diem rate of \$105.00 per night for single occupancy, \$115.00 per night for double occupancy. Please refer to the **VA Mental Health Conference** when making your reservations. Room reservations must be received by **March 14, 2005** to guarantee the government rate. Downtown Hilton & Towers, Minneapolis, MN, phone **612-376-1000**.

Deadline Date: Completed registrations are due at the Minneapolis Employee Education Resource Center, on or before March 18, 2005. Information on participation may be obtained from Bridget Cannon, Project Manager, Minneapolis Employee Education Resource Center, 5445 Minnehaha Ave. S, Minneapolis, MN, phone 612-467-4539.

Cancellation Policy: Those individuals who have been accepted to attend and need to cancel should notify the Minneapolis Employee Education Resource Center, Lincoln Campus by phone at least two weeks prior to the program at 402-486-7829 (Ruth Ann Ronne)

The Rehabilitation Act of 1973, as amended: The Employee Education System wishes to ensure no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals participating in its educational activities, because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational activity, please contact Bridget D. Cannon, Project Manager, EES, Minneapolis Employee Education Resource Center, phone 612-467-4539, e-mail: Bridget.Cannon@lrn.va.gov

Disclosure(s)

The Employee Education System (EES) must insure balance, independence, objectivity, and scientific rigor to all EES sponsored educational activities. The intent of this disclosure is not to prevent faculty, author, planning committee member or presenter (discloser) with a significant financial or other relationship from presenting materials, but rather to provide participant(s) with information with which they may make their own judgments. It remains for the participant to determine whether the discloser's interests or relationships influence the materials presented with regard to exposition or conclusion. When an unapproved use of a FDA approved drug or medical device, or an investigational product not yet FDA approved for any purpose is mentioned, EES requires disclosure to the participants.

The following speakers/planning committee members had disclosures to make:

Faculty and planning committee member, Frederick Petty, PhD, MD financial interest or other relationship January 11, 2005 (previous 12 months)

Grant/Contract: Astra Zeneca, Forest, Abbott, Pfizer, Jansen, Lilly, Ortho-McNeil, National Institute of Mental Health, Department of Veterans Affairs

Speaker: Astra Zeneca, Lilly, Bristol Myers-Squibb

Consultant: Bristol-Myers Squibb

Faculty, Nancy Raymond, MD answered "yes" to:

Will the content that you provide to this EES educational activity make any reference to experimental, FDA non-approved or investigational use(s) of pharmaceutical(s) and/or medical device(s) as described above? (medications to treat anorexia and bulimia nervosa)

Planning Committee member Brian L. Cook, DO

Speakers' Bureaus: Lilly, Astra Zeneca, Pfizer

Faculty, Paula J. Clayton MD

Speakers program, consultant, co-investigator on a Forrest grant.

Each additional faculty and planning committee member (author, facilitator, moderator) reported having no financial relationships or interests with any commercial topics that are discussed in this activity. This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.